



We support families who are looking after someone with dementia. You can access our services even if you have not had a formal diagnosis. We can help you with:

- Ongoing support, Information and advice throughout your caring journey
- Advocacy service including support in accessing Social Workers and other statutory bodies ( GP's, CPN's, Incontinence Team, Memory clinic, Occupational Therapists, Telecare etc
- Weekly Carer Support Groups including : Arts and Crafts, Music Therapy, Extend exercise sessions, guest speakers on topics about Dementia care and social outings.
- Benefits entitlement advice including Carers Allowance, Attendance Allowance, PIP's etc. Including help with completing forms, referral to Pensions Service
- Information on law/ carers rights

If you are interested in our service, but don't live in our area, please get in touch, we may still be able to help you.

DISC responds to the needs of our Carers. We know that as a Carer your needs can change, and we can offer you support in different ways to help you to continue to care

- Home visits
- Telephone support
- Carer groups
- Asian language service
- Newsletter
- Information talks from Psychiatrists, District Nurses, Solicitors, Psychologists, Occupational Therapists etc.

### Our weekly carer group

We meet every Thursday from 11am—1pm,

At: Clem Dench Scout Hut,  
Hamstead Hall Road  
Handsworth Wood

### Where we work

- Aston
- Balsall Heath
- Bordesley Green
- Edgbaston
- Great Barr
- Handsworth Wood
- Handsworth
- Ladywood
- Lozells
- Nechells
- Small heath
- Sparkbrook
- Sparkhill
- Springfield

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### Contact Us

DISC

Grenville House,  
New Swan Lane, West Bromwich,  
B70 0NS

0121 553 6483

[carers@discbirmingham.co.uk](mailto:carers@discbirmingham.co.uk)

Visit us on the web:



*“Through DISC I have made lots of friends”*



*“DISC gave us our life back”*

*“With DISC, I’m happier and fell more confident”*

*“Finally someone listened to me”*

*“I am no longer lonely and isolated”*



*Sharing the Care*

# DISC Team



Charity no: 1040679

Company no: 2950188

CQC no: 1-119234223

*“I have learnt really practical care, and I’m better able to cope with various behaviours”*

*“I’m very glad I found DISC, it’s very useful for carers looking after their loved ones”*